



## HORS D'OEUVRES

<b>Breads &amp; Oils</b>	<b>£4.95</b>
<i>Selection of Breads, Balsamic Drizzle &amp; Olive Oil</i>	
<b>Selection of Olives</b>	<b>£4.95</b>
<b>Ciabatta Garlic Bread (V)</b>	<b>£3.45</b>
<b>Cheesy Ciabatta Garlic Bread (V)</b>	<b>£3.95</b>

## LIGHT BITES & SALADS

<b>Halloumi Fries (V/GF)</b>	<b>£6.95</b>
<i>Served on a bed of salad and drizzled with sweet chilli sauce.</i>	
<b>Soup of the Day (V)</b>	<b>£5.95</b>
<i>Homemade soup served with warm ciabatta and butter.</i>	
<i>Gluten Free option available.</i>	
<b>Loaded Fries</b>	<b>£6.95</b>
<i>Skinny fries topped with grated melted cheese, crispy bacon pieces and fried onions.</i>	
<b>Mediterranean Salad (VE)</b>	<b>£12.95</b>
<i>Falafel, hummus, grilled red peppers, green beans, chopped tomatoes, bulgar wheat and spinach leaves.</i>	
<i>Add on Grilled Chicken or Grilled Salmon £4 or Halloumi £3</i>	
<b>Superfood Salad (VE/GF)</b>	<b>£12.95</b>
<i>Broccoli, green beans, quinoa, grilled red peppers and beetroot.</i>	
<i>Add on Grilled Chicken or Grilled Salmon £4 or Halloumi £3</i>	
<b>Chicken Ceasar Salad</b>	<b>£14.95</b>
<i>Grilled chicken on a bed of baby lettuce gems, tossed with Caesar dressing, and topped with parmesan.</i>	

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

**GF - Gluten Free - V - Vegetarian, VE - Vegan**

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)



## BAGUETTES

*Served with salad garnish. Gluten free option available.  
Add chunky chips, skinny fries, or sweet potato fries for £3.00.*

<b>Metropolitan Club Baguette</b> <i>Grilled chicken breast, crispy bacon, tomato, baby gem lettuce and mayo.</i>	<b>£9.95</b>
<b>Chicken Ceasar Baguette</b> <i>Grilled chicken, baby gem lettuce and a Caesar dressing.</i>	<b>£9.95</b>
<b>Croque Monsieur Baguette</b> <i>Our spin on the French hot sandwich, with melted cheese, gammon ham, and mustard.</i>	<b>£9.95</b>
<b>Fish Goujons Baguette</b> <i>Breaded fish goujons served with tartar sauce.</i>	<b>£9.95</b>
<b>All Day Brunch Baguette</b> <i>Sausage or bacon with a fried egg.</i>	<b>£9.95</b>
<b>Cheese &amp; Tomato Baguette (V)</b>	<b>£9.95</b>

## WRAPS

*Served with salad garnish. Gluten free option available.  
Add chunky chips, skinny fries, or sweet potato fries for £3.00.*

<b>Grilled Chicken Wrap</b> <i>Choose from Tandoori, Jerk or BBQ marinated.</i>	<b>£8.95</b>
<b>Falafel and Hummus Wrap (V)</b>	<b>£8.95</b>
<b>Flame Grilled Slices of Halloumi (V)</b>	<b>£8.95</b>

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

**GF - Gluten Free - V - Vegetarian, VE - Vegan**

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)



## BURGERS

*Our legendary burgers are served in a brioche bun with baby gem lettuce, sliced tomato, and with a side of creamy coleslaw.*

*Gluten Free & Vegan Buns are available.*

**Metropolitan Beef Burger & Chips** **£15.55**

*8 oz juicy butchers steak burger, grilled and topped with crispy bacon, cheese sauce and burger relish.*

*Choose from chunky chips, sweet potato fries or skinny fries.*

**Metropolitan Chicken Burger & Chips** **£14.95**

*Grilled chicken breast topped with melted cheese, crispy bacon, and spicy mayo.*

*Choose from chunky chips, sweet potato fries or skinny fries.*

**Plant Burger & Chips (V/VE)** **£13.95**

*Asian inspired burger with chickpea, sweetcorn, red pepper, carrot & soya bean patty with sweet chilli sauce in a vegan brioche bun.*

*Choose from chunky chips, sweet potato fries or skinny fries.*

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

**GF - Gluten Free - V - Vegetarian, VE - Vegan**

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)



## MAINS

<b>Fish of the Day</b>	<b>£16.95</b>
<i>Crispy battered fish, served with chunky chips and mushy or garden peas.</i>	
<i>Choose from chunky chips, sweet potato fries or skinny fries.</i>	
<b>Seared Salmon</b>	<b>£16.95</b>
<i>Pan seared salmon on a bed of spinach served with potato croquettes, broccoli and a creamy pesto sauce.</i>	
<b>Sausage &amp; Mash</b>	<b>£13.95</b>
<i>Grilled farmers sausages served with buttery garlic mash, fresh garden peas and our signature Sunday gravy. Gluten Free and Vegetarian options available.</i>	
<b>Pie of the Week</b>	<b>£13.95</b>
<i>A heartwarming pie with a different filling available each week. Served with your choice of chips or mashed potatoes, garden peas and gravy.</i>	
<i>Choose from chunky chips, sweet potato fries, skinny fries, or mash potato.</i>	
<b>Gammon, Egg &amp; Chips (GF)</b>	<b>£12.95</b>
<i>Honey Roast Gammon and two fried eggs served with chips.</i>	
<i>Choose from chunky chips, sweet potato fries or skinny fries.</i>	
<b>Grilled Creamy Chicken</b>	<b>£15.95</b>
<i>Grilled chicken breast on a bed of mashed potato, served with green beans and a creamy tarragon sauce.</i>	

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

GF - Gluten Free - V - Vegetarian, VE - Vegan

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)



## SIDES

Chunky Chips (V/VE/GF)	£3.55
Skinny Fries (V/VE/GF)	£3.55
Sweet Potato Fries (V/VE/GF)	£3.55
Seasonal Vegetables (VE)	£3.95
Crispy Battered Onion Rings (V)	£2.95
Creamy Coleslaw (V/GF)	£1.95

Garlic Bread is available as a Gluten Free Option.

## KIDS

Grilled Sausages (Vegetarian and Gluten Free Option Available)	£7.95
Chicken Goujons	£7.95
Fish Goujons	£7.95
Mini Halloumi Wrap	£7.95

*Served with a choice of chips or mash, and peas.*

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

GF - Gluten Free - V - Vegetarian, VE - Vegan

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)



## DESSERTS

Please see our specials boards for Desserts of the day  
and our selection of ice creams in our Ice Cream Freezer

<b>Ice Cream - 1, 2 or 3 Scoops (V)</b>	<b>1 x £2.25 / 2 x £3.75 / 3 x £4.95</b>
<i>Choose from honeycomb, salted caramel, double chocolate, strawberry and Pistachio</i>	
<b>Sorbet - 1, 2 or 3 Scoops (V/VE)</b>	<b>1 x £2.25 / 2 x £3.75 / 3 x £4.95</b>
<i>Tangy Lemon Sorbet</i>	

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

**GF - Gluten Free - V - Vegetarian, VE - Vegan**

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

**[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)**



## SUNDAY LUNCH

*Our tasty Sunday Roasts are served every week between 12pm and 5pm.*

Topside of Beef - Adults £16.95 | Under 12's £8.95

Chicken Breast with Thyme and Garlic - Adults £15.95 | Under 12's £8.95

Honey Roast Gammon - Adults £15.95 | Under 12's £8.95

Beetroot & Butternut Squash Wellington (V) - Adults £14.95 | Under 12's £7.95

**Served with roasted potatoes, seasonal vegetables, homemade Yorkshire pudding and our signature Sunday gravy.**

All roasts can be made gluten free without a Yorkshire Pudding, with the exception of the Beetroot & Butternut Squash Wellington

## EXTRAS

Yorkshire Pudding (V)	£1.00
Cauliflower Cheese (V/GF)	£3.50
Extra Vegetables per portion (V/VE/GF)	£2.50

### SPECIAL REQUIREMENTS & ALLERGY SAFETY

GF - Gluten Free - V - Vegetarian, VE - Vegan

Please speak to the team about any special dietary requirements when ordering. Our meals are prepared in a kitchen where nuts, gluten, as well as other allergens, are present.

[www.metropolitanbushey.co.uk](http://www.metropolitanbushey.co.uk)